

MNEMONIC MEMORY

Using an acronym as a memory aid can really help with remembering a list of items. See if you can use the fruit acronyms on this page, in the first letter of each column, to help you remember each of the words.

ARTICLE

LOVE

GAME

PERIODICAL

ENJOYMENT

RECREATION

PUBLICATION

MINDFULNESS

ACTIVITY

LETTERS

OBLIGING

PRACTICE

ESSAY

NICENESS

EXERCISE